

## Bagel Breakfast Sandwich \$6

Scrambled egg, American cheese and your choice of meat (bacon, Canadian bacon, ham, sausage or turkey sausage) served on your choice of bagel, sliced bread or croissant (\$1 extra)



# BREAKFAST

All our breakfast entrees are served with your choice of grits or creole breakfast potatoes

## BREAKFAST PLATE \$12

Two eggs (any style); choice of ham, bacon, sausage, Canadian bacon or turkey sausage. Served with your choice of toast or one of our famous bagels. Can be made into a bowl served over potatoes or grits.

## CHICKEN & WAFFLES \$14

A thick, golden brown Belgian waffle, paired with crispy fried chicken tenders and drizzled with our pepper jelly glaze. Served with two eggs (any style).

## BISCUITS & GRAVY \$13

Our house-made sausage gravy atop a large, fresh-baked biscuit, served with two eggs (any style).

## SHRIMP & GRITS \$15

Our take on traditional New Orleans shrimp and grits. Served alongside your choice of bagel or toast as well as two eggs (any style).

## CROQUE MADAME \$14

Ham & American cheese on a French-toasted cinnamon raisin bagel, topped with a fried egg.

Substitute side of sweet potatoes tots  
\$.79¢

Substitute bread or bagel for a plain waffle  
\$3

Substitute bread or bagel for a premium waffle  
\$4

## BREAKFAST EGG ROLLS \$14

Two crispy, house-made egg rolls each filled with scrambled eggs, American cheese and your choice of meat (bacon, Canadian bacon, ham, sausage or turkey sausage) then topped with our Asian glaze, sesame seeds and green onions.

## BREAKFAST BURRITO \$12

Our three-egg and American cheese burrito can be customized to your liking. Choose between our flour, wheat, tomato, basil or spinach wrap and add your favorite meat (bacon, Canadian bacon, ham, sausage or turkey sausage).

## AVOCADO TOAST \$13

Two pieces of multi-grain toast with avocado spread and crushed red pepper. Served with two eggs (any style) and your choice of breakfast meat.

## BREAKFAST CHIMICHANGA \$12

Our three-egg burrito deep fried with your choice of breakfast meat (bacon, Canadian bacon, ham, sausage or turkey sausage) and topped with salsa and warm queso.

# OMELETTES

All our omelettes are served with your choice of grits or creole potatoes and your choice of toast or one of our famous bagel

## BUILD YOUR OWN OMELETTE \$14

Three egg omelette stuffed with: (1) meat, (1) cheese & up to (3) vegetables

### MEAT

Bacon  
Ham  
Sausage  
Turkey Sausage  
Canadian bacon

### CHEESE

Cheddar  
Swiss  
American  
Pepper Jack

### VEGGIES

Tomato  
Onion  
Capers  
Jalapeno  
Green Onion

Cucumber  
Carrot  
Broccoli  
Black Olive  
Bell Pepper

Spinach  
Mushroom  
Artichoke  
Sun-Dried  
Tomato



## PONTCHARTRAIN

Blackened gulf shrimp, sautéed mushrooms & scallion cream cheese. \$14

## CRAWFISH MONICA

Blackened crawfish, green onion & sautéed mushrooms topped with our signature Monica sauce. \$14

## THE BIG E

Smoked sausage, red peppers, green peppers, onions & cheddar cheese. \$13

## FARMER IN THE DELL

Bacon, ham, sausage & Swiss cheese. \$13

## CALIFORNIA

Avocado, tomato, mushrooms & mozzarella cheese. \$13

## THE RENEE

Mushrooms, tomato, broccoli, onions, green pepper, spinach & cheddar cheese. \$13

## FLORENTINE

Spinach, tomato & feta cheese. \$13

## PHILLY CHEESE STEAK

Grilled steak, sautéed peppers and onions with cheddar cheese. \$13

# QUICHES

## BUILD YOUR OWN QUICHE \$13

Our quiches start with (2) eggs, (1) meat, (1) cheese & up to (3) vegetables

## SHRIMP FLORENTINE

Grilled shrimp, spinach & asiago cheese. \$12

## QUICHE LORRAINE

Ham, bacon and Swiss cheese. \$12

# BENEDICTS

Two poached eggs served with a variety of toppings and your choice of grits or creole breakfast potatoes.

## Crawfish Monica Benedict

Blackened crawfish and mushrooms served on a garlic bagel and topped with our Monica hollandaise sauce. \$17

## Cochon Benedict

Slow-roasted cochon de lait, pepper jelly and scallion cream cheese on a jalapeno bagel topped with Creole-aise sauce. \$17

## Creole Benedict

Blackened shrimp, scallion cream cheese & our Creole-aise sauce, on a garlic bagel \$17

## Salmon Benedict

Smoked salmon, capers, tomato and onion on a poppy seed bagel with our rich hollandaise on top. \$17

## Bagel Benedict

Grilled Canadian bacon and tomato atop our plain bagel and drizzled with a rich hollandaise sauce. \$15

## Steak & Eggs Benedict

Grilled steak and onions, topped with béarnaise sauce and served on an onion bagel. \$16

# BELGIAN WAFFLES

## BELGIAN

Thick, golden brown Belgian waffle. \$8  
Add fresh and pureed Strawberries \$1

## PRALINE

Thick, golden brown Belgian waffle with toasted pecans and our creamy praline sauce. \$10

## BANANA FOSTER

Our thick, golden brown Belgian waffle with toasted with bananas, walnuts, and our house-made bananas foster sauce. \$10

# BEVERAGES

Fountain Drinks.....\$2.99 Milk.....\$3.49 Vitamin Water.....\$3.49  
 Juice.....\$2.99 Energy Drink.....\$4.29 Bottled Water.....\$2.99



A creamy, smooth, slightly sweet drink, perfect to feel refreshed and satisfied. \$4.99  
 Add Blackberry .99

## Tea

Ice Tea.....\$2.99 HOT TEA FLAVORS English Breakfast  
 Iced Chai.....\$4.99 Alpine Berry Jasmine Green  
 Hot Tea.....\$3.99 Chamomile Tropical Green  
 Hot Chai.....\$4.99 Earl Grey Peppermint

## Coffee

We fresh brew only craft-roasted, specialty-grade Abita Roast Co. coffee.

Coffee Bar..... SM \$3.49 | LG \$3.99 Latte..... SM \$4.99 | LG \$5.49  
 Iced Coffee..... \$4.99 Cappuccino..... SM \$4.99 | LG 5.49  
 Espresso..... SM \$2.99 | LG \$3.99 Hot Mocha..... \$4.99  
 Cafe Au Lait.....\$4.99  
 Hot Chocolate.....SM \$3.99 | LG 4.49

ADD SYRUP FLAVOR .99 EACH

Caramel | French Vanilla | Hazelnut | Praline | Pumpkin Spice | White Chocolate | Vanilla  
 SUGAR-FREE: Caramel | Hazelnut | Vanilla

FROZEN COFFEE... \$5.49 CARAMEL | MINT | MOCHA  
 JAVA CHIP | SPICED CHAI | VANILLA LATTE | WHITE CHOCOLATE

MIXED DRINKS Mimosa \$5 | Bloody Mary \$7 | Irish Coffee \$7

All prices represent a 3% discount for cash payment

BAGELS (1) \$1.80 | (6) \$9.20 | (13) \$19.50

Blueberry	Garlic	Poppy Seed
Cinnamon Raisin	Jalapeno	Pumpernickel
Cranberry Almond	Monthly Special	Rye
Everything	Onion	Sesame Seed
French Toast Crunch	Plain	Wheat

CREAM CHEESES 2oz \$1.30 | 4oz \$2.30 | 8 oz \$4.60 | 16oz \$9.20

Blueberry	Honey Walnut Raisin	Scallion
Chocolate Chip	Jalapeno	Smoked Salmon
Cranberry Almond	Monthly Special	Spinach & Artichoke
Honey Walnut Raisin	Plain	Strawberry

Low-fat cream cheese options: Plain | Cranberry Almond | Garden Vegetable

## FRESH SALADS

Warm Honey Bacon Sesame Ginger Caesar Blue Cheese 4 Cheese Vinaigrette Pepper Jelly Vinaigrette Ranch	Fat-Free Balsamic Vinaigrette Honey Mustard Italian
	Add Grilled Chicken \$3 Add Grilled Shrimp \$4

### STRAWBERRY BLUE CHEESE SALAD

Fresh spinach with strawberries, blue cheese, candied pecans & green apple. Served with bagel chips and our house-made pepper jelly vinaigrette. \$13

### BLUE BAYOU

Romaine lettuce, Granny Smith apple, raisins, walnuts & sun-dried tomato topped with crumbled bleu cheese. Served with bagel chips and our house-made pepper jelly vinaigrette. \$13

### SOUTHERN SPINACH

Fresh spinach with tomatoes, crumbled bacon, boiled egg, onion, cucumber, sunflower seeds & Asiago cheese. Served with bagel chips & warm honey bacon dressing. \$13

### CAESAR

Crisp romaine lettuce topped with shredded Asiago cheese & tomato wedges served with bagel chips and Caesar dressing. \$13

### GEAUX GREEK

Fresh romaine lettuce with artichoke hearts, tomatoes, red onion, Kalamata olives, cucumber & Feta cheese. Served with bagel chips & 4 cheese vinaigrette. \$13

### CHEF SALAD

A bed of romaine lettuce topped with ham, turkey, crumbled bacon, cucumber, tomatoes, boiled egg & cheddar cheese. Served with bagel chips & ranch dressing. \$14

### STUFFED TOMATO

Fresh whole tomato over a bed of lettuce, stuffed with homemade chicken salad and topped with red onion, cucumber and boiled eggs. \$14

### GRILLED CHICKEN CAPRESE SALAD

Grilled chicken, fresh mozzarella, tomato & sliced avocado, garnished with pesto and balsamic drizzle. Served with bagel chips and our house-made pepper jelly vinaigrette. \$14

### STUFFED AVOCADO

Two avocado halves over a bed of spinach, stuffed with our world-famous chicken salad & topped with boiled egg, carrots and onions. Served with bagel chips and our house-made pepper jelly vinaigrette. \$14

### SIDE SALAD

Romaine, tomato, cucumber, carrots, red onion and ranch dressing \$7

# Sandwiches & Wraps

All sandwiches are served with a side:

Coleslaw, Pasta Salad, Potato Salad, Potato Chips or Bagel Chips.

### ZESTY ZYDECO

Smoked turkey, pepper jack cheese, red bell pepper, honey mustard, lettuce & tomato, served on a jalapeño bagel. \$12

### CREOLE CLUB

Turkey, ham, bacon, Swiss cheese, lettuce, tomato, mayo & mustard, served on an everything bagel. \$13

### MONTE CRISTO

Ham, turkey, honey mustard, & Swiss on battered and fried wheat toast. Served with a side of mixed berry dipping sauce. \$13

### TANGY TURKEY

Turkey, Swiss cheese, cucumbers, lettuce, tomato, cranberries and our tangy cranberry mustard on a cranberry almond bagel. \$12

### CLASSIC BLT

Loaded with applewood smoked bacon, lettuce, tomato, American cheese & mayo, on white toast. \$12

### HOT ROAST BEEF

Grilled thin-sliced roast beef, grilled mushrooms, Swiss cheese, lettuce, tomato and mayo served on a toasted garlic bagel with a side of hot gravy for dipping. \$12

### FRIED GREEN TOMATO

Blackened shrimp, crispy slices of fried green tomato, lettuce and our remoulade sauce on a buttery croissant. \$14

### CREOLE CUBAN

Slow-roasted pork, grilled ham and Swiss cheese topped with pickles and mustard, served on a pressed jalapeño bagel. \$15

### ST. CHARLES CHICKEN SALAD

Our famous chicken salad (baked chicken breast, celery, onion, red grapes, sliced almonds and low-fat mayonnaise) with lettuce and tomato on a buttery croissant. \$12

### SALMON SOUL

Sliced smoked salmon, plain cream cheese, red onion, capers and sliced tomato served on a poppy seed bagel. \$14

## WRAPS



### CALIFORNIA CLUB WRAP

Turkey, bacon, spinach, avocado & Swiss cheese, served in a tomato basil wrap. \$12

### VOODOO VEGGIE WRAP

Carrot, red & green bell pepper, cucumber, red onion, spinach, lettuce, tomato & your choice of hummus or garden veggie cream cheese, served in a honey wheat wrap. \$11

### SHRIMP BLT WRAP

Blackened shrimp, bacon, lettuce, tomato & avocado, served in a flour wrap. \$13

### THAI WRAP

Grilled chicken, romaine lettuce, cucumbers, cilantro, carrots, almonds & our own Thai peanut sauce, served in a honey wheat wrap. \$12

## BAKED GOODS

Homemade Muffins	Fresh Baked Scones	Homemade Cinnamon Rolls
Flavors rotate, ask about today's variety	apple cinnamon, blueberry or white chocolate raspberry	
\$3	\$3	\$4